

Sweet Surrender

Now that you are not drinking or using, everything about how you live your life is new, uncharted territory. A big influence on the course your life will take now that you are clean and sober depends on the foundation you build in these early weeks and months.

When you surrendered to drugs and alcohol, they told you that you couldn't recover alone. Being clean and sober is a full time job, though, and part of that job is leaving the past behind and starting clean. The old neighborhoods and the old friends don't work anymore. Many people remove themselves from the old neighborhood by starting their recovery in a sober living environment.

Sober Pacific Living provides you with comfort and companionship of other recovering addicts and alcoholics in an elegant Southern California setting. With 5 bedrooms, 3-1/2 baths, this luxurious home provides top notch, plush amenities, including wireless internet, fireplaces, private yard with BBQ, ocean views, and miles of garden paths along the ocean in a tranquil setting for meditation and walking.

The resident staff are there to offer support and to ensure that you have all the necessary ingredients to promote recovery. Transportation to meetings and access to a fitness gym are thrown into the mix to help you build and sustain your physical, mental and spiritual stamina.

Sober living at it's best

Also offered are many additional amenities and opportunities to help you build physical and emotional muscle. For an additional fee, we will arrange for you to meet with a life coach or counselor, attend private yoga instruction, enjoy the services of a masseuse, workout at a nearby fitness boot camp, go horseback riding and more.

You are standing at the threshold of a new life. Do everything you can to stack the deck in your favor. Admitting powerlessness was a huge surrender. Where you live and who you spend your time with after that surrender makes the difference between whether that surrender is bitter or sweet.

“My new life rocks. I've made some real connections with the guys here like I wouldn't have made anywhere else.”
— Jerrell



On the Beam

There is a multitude of directions the recovering addict can take to begin the recovery process. Treatment hospitals are covered by most medical insurances and offer a good start. These facilities have full-time medical staff, intensive counseling and total emersion into the recovery world. But, most of these programs run for only three weeks and do not enable the addict to start his sober life.

Sober Pacific Living represents either an elegant alternative to hospital treatment or can serve as a reinforcing extension to such care. Since Sober Pacific Living is not a medical facility, no medical records are established to track his stay, and you will be able to visit without adhering to strict and sparse hospital visiting schedules. Random drug testing is performed on all residents to ensure that everyone is in compliance with the recovery objectives of the house.

You may have thought that it was never going to happen, that drugs or alcohol had a hold of him forever. Now that he wants to stop, Sober Pacific Living can help him to get on the beam and stay there.

“When I got out of treatment, I knew I couldn't go back to my old place. The person I shared a bed with was my dealer! Sober Pacific Living gave me a safe place to start my new life.”
— Doug





Structured Sober Living

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“ The treatment hospital told me that they wouldn't let me back in if I relapsed again. I really wanted to stay clean and sober, but I could never put more than a month or so together. Sober Pacific Living gave me the extra support I needed to build a strong foundation in sobriety. ”

—Justin



Executive Men Homes

www.soberpacifcliving.com

